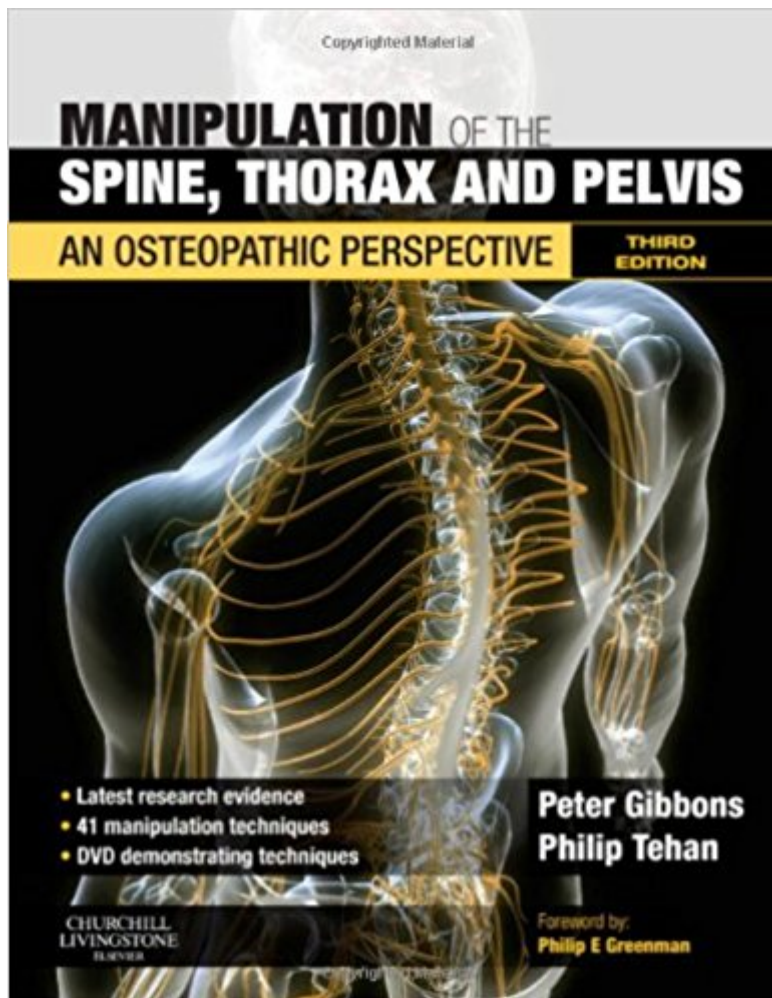




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# Manipulation Of The Spine, Thorax And Pelvis With DVD: An Osteopathic Perspective, 3e



## Synopsis

This highly illustrated, step-by-step guide gives detailed instructions for dozens of different manipulation techniques, covering all levels of the spine, thorax, and pelvis. It also includes a helpful overview of the principles and theory of spinal manipulation and its use in clinical practice. The accompanying DVD contains video clips demonstrating the techniques described in the book. The new edition is a highly illustrated, step-by-step guide to 41 manipulation techniques commonly used in clinical practice. The book also provides the related theory essential for safe and effective use of manipulation techniques.

## Book Information

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## Customer Reviews

The conservative management of spinal pain syndromes requires the development of many skills including the necessary psychomotor skills to perform joint manipulation. Skill acquisition is not automatic and requires progressive steps of motor learning and frequent refreshment of learning. This novel text and accompanying CD-ROM aims to support practitioners' learning and acquisition of manual skill to perform high velocity, low amplitude spinal manipulations and is likely to provide a valuable resource for both teachers and students of manipulative therapy. Gwendolen Jull MPhy GradDipManipTher FACP Associate Professor and Head of Department of Physiotherapy, The University of Queensland, Australia Peter Gibbons and Philip Tehan have taken the extremely difficult subject of the actual skill teaching in HVLA technique and produced what

should prove to be a real milestone. Having been teaching this subject since 1964, I fully understand the problems that they have faced, and their frustration in trying to help students climb the learning curve at a faster rate than is usually possible. The inclusion of a companion DVD with video is clearly the way forward and the no-nonsense approach to making this work available across boundaries of like-minded disciplines is to be applauded. I highly commend this work to all those working in the manipulative fields. I believe that it will help raise the standards of knowledge of manipulative practitioners world-wide as well as confirming the logical thinking and educational process of osteopathic practitioners. Laurie S. Hartman DO MRO Osteopath, teacher and author

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This text is truly one of the best deals around, with excellent video clips on the CD of the techniques that are explained in the text. Part A covers osteopathic philosophy, coupled motions, spinal locking, safety considerations, and the indications for high velocity low-amplitude techniques. However, Gibbons and Tehan transcend osteopathic tradition in citing research that contradicts positional diagnosis and coupled motions, and take a very up-to-date approach to pre-manipulative assessment and informed consent. Part B includes the manipulation techniques, including two for the OA and AA joints, midcervical manipulations in supine using various holds, as well as in sitting. Cervicothoracic techniques are shown in prone, sitting and sidelying. Thoracic and lumbar techniques are pretty standard fare. Part C covers the sacroiliac joint, but leaves the reader wishing it were longer. Again, traditional osteopathic terminology, such as sacral flexions and torsions, ilial inflares and upslips, are not even mentioned. Considering the cost of continuing education (few of which cover more than a handful of HVLA techniques) or a residency, this book is a tremendous value, and a great addition to any manipulation practitioner's library. The technique explanations are in-depth, a nice change from many manipulation texts where the nuances of the setup are often spartan. The CD is a terrific addition, and I, for one, hope it sets a standard for manipulation texts in the future.

This text provides detailed instructions for each technique presented along with videos of the

majority of them. The techniques themselves are instructed in a manner in which there is appropriate application of levers and minimization of forces applied making the techniques much less threatening and more comfortable for patients. As was pointed out they did add sound bites to the video to represent cavitation during a technique, but this does not change the effectiveness of the instruction or techniques presented. This is the best text on spinal manipulation I have found.

I recommend this book to all my fellow DCs and manipulative practioners. The techniques are elegently presented and the dvd is most helpful. The rationale presented for applying the manipulations is very good. The video fluroscopy clarfies what to consider in the setup and manipulation. I would like the authors to also have included how the make a diagnosis leading to which segment they would like to treat and which technique can be used but perhaps diagnostic skills are already asumed or that is another book and there is also Greenman's Principles of Manual Medicine which covers dx.[the 4th edition is excellent]

Very pleased. Could use better pictures

very good book.

this book is pretty good, but the pictures could use an update

Great product and service

great book if you get someone else to learn it

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